JCGL

TO TRY

1. + To-Infinitive: to make an effort.

She was trying not to cry.

2. + < -ing >: to make an experiment to see what will happen.

They decided they would try living in Sweden for a few months.

3. In informal English it is common to use *and* instead of *to* after *try*, but only with the simple form, *i.e.* not with *tried*, *tries* or *trying*.

Try and eat something. You'll feel better.

I tried and ate something.